





FIRE & EVACUATION OF THE BUILDINGS

- Find the nearest fire alarm point (ABA) PRESS it
- Call 1-1-2
- Internal alert inform the nearest manager
- Warn neighbouring areas if necessary
- Everyone has a duty to raise the alarm if smoke or an actual fire is discovered



- Close doors/windows on your way out
- If you cannot get out close doors towards smoke/fire and move to a window so you can be seen from the street

PERSONAL INJURY

- Stop the accident create safety at the scene
- Call 1-1-2 and contact the nearest staff member or the office
- Secure breathing / clear airways
- Stop major bleeding
- Get a first aid kit from administration, kitchen or LAB
- Unconscious WITH breathing place in the recovery position

CARDIAC ARREST

- Unconscious WITHOUT breathing is cardiac arrest
- Call 1-1-2 and contact the nearest staff member or the office
- Start CPR: 30 chest compressions and 2 rescue breaths
- Get the defibrillator see location below:



To the left of the main entrance



TOXIC AIR - OUTDOORS

- Everyone must go indoors away from toxic air
- Contact the nearest staff member or the office
- Close doors and windows turn off ventilation



OTHER CRITICAL INCIDENT

- If you are in danger / threatened always move away (if you can)
- If you discover danger or something unsafe contact the nearest staff member or get help at the office
- Use common sense when assessing your own risk

