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Using neuro-affective teachings as a tool of strengthening children in-care

ABSTRACT

The aim for this session is to discuss the importance of personal, emotional and social skills as a prerequisite for learning. The Children's Aid Foundation ("Børnehjælpsdagen") will like to share knowledge and experience about using neuro-affective teachings as a tool in order to develop emotional and social skills in groups of children and youth aged 6-18, and sometimes up to 23 years.

Since 2000 the organization has facilitated events, where groups of children are playing together, and also play for the individual child, in order to strengthening personal, emotional and social capacities. The playing are using neuro-affective developmental psychology in a simple way, in order to focus on promoting emotional and relational competencies, as skills, that also are important, together with the cognitive and academic achievements.

Practice has developed in the last years, because experience working with the group of children in-care has showed, that the children is learning other skills better, using this methods.

As a result of the experience in practice for the last years The Children's Aid Foundation is now trying to focus especially on 4 topics in a "playing training" over 8 month. With a donation from Den A. P. Møllerske Støttefond, 40 young people from 16-23 is trained in optimism, endurance, integrity and "ownership of one's own life". The organization will like to share a few of the first results of the training at the session. The results are preliminary good, but only the external university evaluation will show, if the training works in the long run.